

Annual summary 2019 - 2020



Our Vision
People with learning disabilities are able to achieve greater independence, lead fulfilled lives and live as full citizens in society.

A year of growth at Minstead Trust

This year has seen us reach more people with learning disabilities than ever before. We now support more than 220 people a week to help them lead more independent and meaningful lives.

Alongside our core services – day opportunities, supported community living and residential care - we have had a full year of running three successful social enterprises at Furzey Gardens, Minstead Lodge and Hanger Farm Arts Centre. This has enabled us to expand our Step Up for Work employment programme aimed at providing focused training, job coaching, supported employment and placements with local employers.

As ever, we can only achieve this with the dedicated support of all our staff, volunteers and the people, businesses and grant-giving bodies that support our valuable work. We are very grateful for their dedication, time and support that has meant we have achieved even more and reached even more people.

Thank you.

Elizabeth Selby, Chair

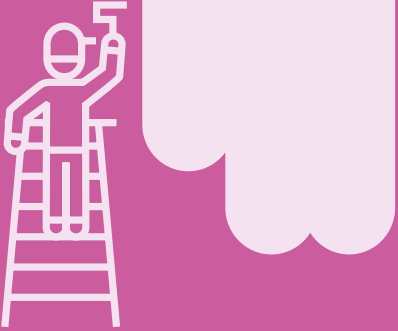




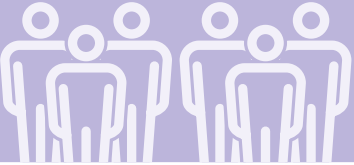
Madeleine Durie, Chief Executive

At a glance

224	People supported monthly
130	Staff members
121	Volunteers
8	Supported living houses
2	Day opportunity services
1	Residential home
4	Community groups
3	Social enterprises



Highlights of 2019-20

<p>£400k refurbishment of Elingfield House for seven people (opened July 2020)</p> 	<p>404 hours</p> <p>of support in residential for eight people</p>	<p>163 people attending day opportunities</p> 
<p>30</p> <p>people attending community theatre each week</p> 	<p>975 hours</p> <p>of support weekly for 35 people to live in their own homes</p> 	<p>31 people attending community groups each week</p> 
<p>15 participants on Step Up for Work Programme</p> 		

Janet

Living a healthy life

Janet attends Minstead Trust's day opportunities in Portsmouth.

Like all the people who attend our day opportunities, Janet is working towards specific goals that help her live a more independent and fulfilled life. Her key outcome is 'living a healthier life' and she has joined chair-based movers and an exercise class to improve her health.

The movers session has replaced her swimming, which she isn't currently able to do. She is improving her mobility and strength and becoming more confident and stronger in doing the exercises.

Janet is shortly moving to a residential service, and has requested to do more days at Minstead Trust as she enjoys it so much. She is a big Portsmouth FC fan and likes to talk to her friends about football.

'I come here because I enjoy it and I meet a lot of people – new people.'

'I'm outgoing and I like doing arts and crafts, a bit of sewing now and again when I can with my arthritis.'



'Coming to Minstead Trust makes me feel happier and healthier.'




Our social enterprises

Furzey Gardens: 10 acre garden with tea rooms and gift shop

Minstead Lodge: Conference and events venue

Hanger Farm Arts Centre: Theatre, art gallery, café and bar


Over 20,000
 visitors to Furzey Gardens

60 key events
 at Minstead Lodge 

Over 10,000
 audience members at
 Hanger Farm Arts Centre

<p>17 supported trainees in the kitchen and front of house at the Lodge</p>	<p>20 people we support working and volunteering at Furzey</p>	<p>6 people learn skills working in the Hanger Farm Arts Café</p>
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Rhianne

My first paid job

Rhianne has always wanted to have her own paid job. Once we started our Step Up for Work programme, she was one of the first people to join - eager to build her skills and move towards employment. The programme began with 12 workshops focussed on work skills including time keeping, interviews and cleanliness. Rhianne then progressed to a supported work placement at Minstead Lodge where she did cleaning and serving front of house.

When the time came to apply for her first paid job, Rhianne was supported by our job opportunities mentor to write her application, prepare for interview and undertake the interview itself. Once she was successful, we worked with her new employers, on any adjustments needed for her to carry out the role.

'It has been a brilliant year.

'I have started work at Paulton's Park in the restaurant, it's going really brilliant. I do it Friday and Sunday and we are seeing how it goes to see if I will do more days. It is my very first paid job.'



'I'm feeling so happy about things now.'



Isabel and Gemma

More independent living, together!

Isabel and Gemma have lived together in one of our supported living houses for six years. They are great friends and really enjoying living and holidaying together.

Isabel attends our day opportunities in the New Forest. One of the goals she is working towards for this year is to use her routines at home to make getting ready for day service and other activities a little easier. She has support from the staff to do so.

Another one of her goals, which she made a big improvement with and is still working on, is cooking more meals from scratch. Isabel enjoys cooking and has support to cook meals for herself.

Gemma also attends day opportunities in the New Forest and loves getting involved with a range of activities.

Isabel said:

'I am happy living at Rushington. I like doing animal care. Minstead helps me go on holidays.'

Gemma said:

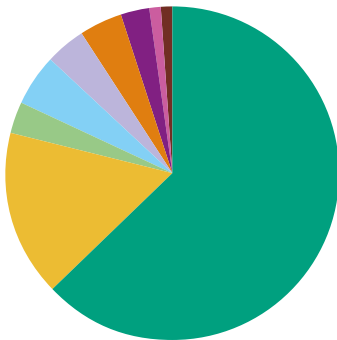
'Minstead helps me doing all the gardening and all the work. And my money and shopping and Zumba. I like living at Rushington.'

One of Gemma's goals is working towards further independence through using public transport. Staff support her to book a taxi to and from some of her evening activities, such as Zumba. Attending Zumba helps Gemma towards one of her other main goals, which is to live a healthy lifestyle.

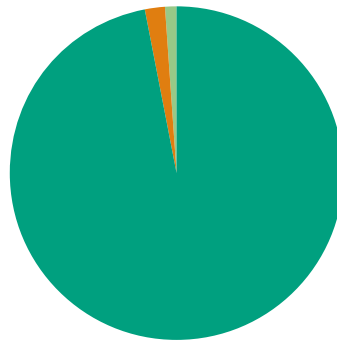
Making every penny count

We always strive to use our income efficiently and effectively to ensure we can support more people to reach their potential.

Income £4.26m



Expenditure £3.76m



Income

- Fees and contributions **63%**
- Donations and legacies (excluding Furzey Gardens) **16%**
- Furzey Gardens entrance donations **3%**
- Hanger Farm Arts Centre trading **5%**
- Property income **4%**
- Furzey Gardens trading **4%**
- Hospitality Trading **3%**
- Plants and crafts trading **1%**
- Investment income **1%**

Expenditure

- Charitable activities **97%**
- Furzey Gardens trading **2%**
- Raising funds **1%**

**£826k
RAISED IN
DONATIONS**

Support us

We rely on voluntary donations to help fund our work supporting people with learning disabilities to learn work skills, life skills and improve their health and wellbeing.

Please support us: www.minsteadtrust.org.uk/donate

