



Minstead Trust

Seeing potential

Step Up For Work



**Learn new work skills - Gain work experience
Job placements with employers - Mentoring support**



What is Step Up For Work?

An innovative 12 month, personalised work programme for people with learning disabilities, autism and other additional needs.

The programme will help you gain skills and work experience in a social enterprise, including those run by Minstead Trust:

- **Hanger Farm Arts Centre**
- **Furzey Gardens and tea rooms**
- **Minstead Lodge conference and wedding venue.**

By the end you will have learned about what it means to be in a paid job, got practical skills and be supported to find work or volunteering.



'I cannot speak highly enough of the Step Up For Work programme. My son was in a bad place mentally and had stopped wanting to do anything, but from his first session his tone of voice was immediately different. The time he has spent at Minstead Trust has been amazing, he loved every part of it and is looking forward to the next on a very positive note.'

**Parent of a
Step Up For Work attendee**

Five steps to *employment success*

1. Interests and skills

Talk to our Job Opportunities Mentor to see what skills and needs you might have and what type of employment you may be interested in.

2. Preparing for work

Up to 12 workshops on topics including workplace expectations, behaviour, health and safety, travel training and interviews.

3. Work experience

Up to 26 weeks of supported training within a social enterprise enabling you to experience real-work situations.

4. Work placement

Supported employment with a local employer to develop your skills and readiness for work. Placements include hospitality, customer service and retail.

5. Permanent employment

Mentoring support to find paid employment or sustained volunteering.



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'What I've learned in the workshops and on my work experience has helped me to get my very first paid job, with construction company Skanska.'

**Bob,
Step Up For Work
attende**

Interested?

**For more information or to arrange a visit,
contact our Job Opportunities Mentor**

Email info@minsteadtrust.org.uk

or call **02380 812297**

www.minsteadtrust.org.uk/step-up-for-work

Minstead Lodge, Seaman's Lane, Minstead, SO43 7FT

Portsmouth

Step Up For Work has expanded to Portsmouth, funded by the Solent Supporting Employment Programme.

Could your Portsmouth business offer placements to people with learning disabilities?

Please do get in touch.

