

Work and training programmes for people with learning disabilities



MinsteadTrust

Seeing potential

Download our prospectus video →



Step Up For Work

What is it?

Step Up For Work is a combination of classroom learning and in-work mentoring.

The programme begins with a training course, covering all key aspects of employment such as health and safety, personal conduct, policies and procedures.

People on the programme will then work with the employability team to find the best six month work experience opportunity for them, within our employer network. During this six months, we offer bespoke support by our employability mentors, who will help with developing a living CV through observations and a diary system.

After the six month work experience, people on the programme then work with their personal employability mentor to secure paid employment.

Is this for me?

Yes, if you do not know a lot about what it means to have a job. You will learn how to behave at work and then get a chance to try out a job for yourself.

What are the entry requirements?

You must have a willingness to work, but can feel that you need some extra support overcoming challenges.

How do I apply?

- For more information or to arrange a visit, contact our Employability team

Email: enrolment@minsteadtrust.org.uk

or call: 023 8081 2297

www.minsteadtrust.org.uk/step-up-for-work



'The Step Up For Work programme has helped me because the course gave me a refresher on interview prep, health and safety in the workplace and teamwork. It gave me a confidence boost to be where I am now, which is on an apprenticeship at a Lily&Lime café in Portsmouth.'

Luci



Supported apprenticeships

What is it?

Our supported apprenticeships take on a blended learning approach, with in-person and virtual learning.

In this paid role our apprentices will learn a combination of customer service and functional skills in both English and Maths over a period of 12 to 18 months.

Our partners at Smart Training will allocate work, and our employability team will be there to provide added value support, ensuring all our apprentices have a quality and supported experience.

Work is documented on an E-Portfolio and then decisions are made with End Point Assessments.

Is this for me?

Yes, if you like people and want to be supported in a job. You will also learn how to read, write and count better.



'The apprenticeship programme has helped me to become more confident. I have realised how much work I can do independently and enjoy learning new things on my course.'

I am enjoying my time at a Lily&Lime café in Portsmouth because there is always something for me to do, I am getting busy with making custom cakes for customers.'

Louisa

What are the entry requirements?

- Working toward Level 1 in English and Maths Functional Skills
- Education, Health and Care Plan (EHCP)
- Statement of Special Educational Needs

How do I apply?

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Traineeships

What is it?

Our traineeships use a mixture of in-person and virtual learning, helping our trainees prepare for an apprenticeship.

This six month course will combine lessons in employability and functional skills in both English and Maths.

Our partners at Smart Training will allocate work, while our employability team will be on hand to provide dedicated support every step of the way.

Work is documented on an E-Portfolio and then decisions are made with End Point Assessments.

Is this for me?

Yes, if you feel you need to learn more and get more confident before taking on a job. You will be supported closely to learn to work as well as reading, writing and counting.

What are the entry requirements?

- Working toward Entry Level 2/3 English and Maths
- You need to be 16-24 years old

How do I apply?

- For more information or to arrange a visit, contact our Employability team

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'I have enjoyed working at Furzey Gardens. I love the people and customers and I am now but excited to move on to complete a chef apprenticeship. I have wanted to become a chef since I was 13, and am thankful to Minstead Trust for helping make this happen.'

Josh



Supported work experience

What is it?

Our supported work experience programme will provide exciting and challenging opportunities to those who want to find out more about the world of work.

People on the programme will have the choice to complete the programme with Minstead Trust or with one of our many business partners, helping them prepare for employment or an apprenticeship.

This programme is an excellent choice for those looking to understand the work environment and choose a career path that suits them.

Is this for me?

Yes, if you want to spend a short time trying out a job to see if you like it.



What are the entry requirements?

- Just a willingness to learn!

How do I apply?

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WELCOME TO

BRICKYARD

CAFÉ

Coffee

Americano	2.50
Cappuccino	3.00
Flat White	3.00
Latte	3.00
Single Espresso	1.70
Double Espresso	2.20
Mocha	3.75
Baby Chino	1.70

Hot Chocolate

"The Works" Hot Chocolate	3.90
w/ Cream & Marshmallows	
Milk Dark or White	3.30
Child's Hot Chocolate	2.00
Vanilla, Caramel, or Hazelnut	
Shot - 50p	
Soya or Oat Milk available	

Teas

Regular Tea
Earl Grey
Green Tea
Peppermint
Lemon and Ginger
Super Fruit

Children's

"Bizzi Bags"

(Choose from...)

Sweet Treats

... of homemade cakes (see counter)
... flapjack.
... cake with butter
... butter 2.50 and jam 3.00, and cream
... for two *.
... two scones, butter, cream and jam)

Savoury Treats

... sausage (or vegetarian) Roll
... these scones with butter 2.50 with cream cheese/relish
... 3.50
... of sandwiches 4.50
... 4.95
... Of The Day 5.20
... and crisps 5.95
... 5.50



'I feel a lot more confident and realise how much I can actually do. Minstead Trust has helped me socially and professionally. I have made some great friends and learnt a lot of new skills.'

Rachel

Contact us:

enrolment@minsteadtrust.org.uk

023 8081 2297

www.minsteadtrust.org.uk/employability



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Charity number: 1053319

