

Annual summary 2021 - 2022



Our Vision
A society where people with learning disabilities enjoy fulfilling lives of their own choosing.

A dynamic year of achievement

The past year has been marked by both significant achievement and challenges. A new five-year strategy was developed alongside the reopening of most of our services after COVID-19 and a focus on capacity-building and restructuring for the future.

In addition to organic growth in some of our services, we took on an existing supported living contract in Portsmouth and agreed to continue the good work of Lily&Lime, a well-regarded social enterprise in the city.

We are now looking to the future with energy and ambition as our new strategy helps us to focus in three key areas:

- Exploring and nurturing potential
- Educating and inspiring society
- Involving the people we support throughout our organisation.

Our remarkable staff and volunteers continue to work together to implement the strategy and provide exemplary care and support to those directly in our care. Our thanks goes to them and all our supporters.

Elizabeth Selby, Chair

Adam Dodd, Chief Executive

At a glance

270

People supported monthly

221

Staff members

112

Volunteers

10

Supported living houses

2

Day opportunity services

1

Residential home

5

Social enterprises

Highlights of 2021-2022



Five year strategy focus

We believe every person has potential, which can go far beyond the basic needs for which they receive support.

We believe in reducing or removing barriers in society and showing how people with learning disabilities can participate fully in their communities.

We believe that it is the right of people with learning disabilities to be involved in the creation and implementation of our services.

Rachel Running my own café

'The apprenticeship programme at Lily&Lime has helped me to become more confident and realise how much I can actually do.'

'I am enjoying working at Lily&Lime because it's helped me socially and professionally. I have made some great friends here and learnt a lot of new skills.'

Since completing her apprenticeship Rachel has gone from strength to strength and is showcasing this by running a café within Minstead Trust three days a week unsupported. She is a real asset to the team and continues to show improvement on a weekly basis.





Jonathan Parsons Woodturning volunteer

I have been volunteering with the wood workshop team every Friday since April 2014.

Working alongside four or five people with learning disabilities, we make a variety of items in the workshop including wooden benches and planters.

It is the one-to-one sessions that I particularly enjoy; offering support with measuring and marking, hand sawing and using power drills and routers. With time, I have come to know many of the people who attend day opportunities, their particular challenges and how best to support them.

I never fail to be amazed at the gratitude I receive from everyone for my help as a volunteer and it makes me realise how much my time means to the organisation and to the adults I support. For anybody looking for meaningful volunteering opportunities I would thoroughly recommend Minstead Trust.



Our Purpose

We aim to go beyond basic needs to help explore and achieve individuals' potential



Our services and businesses

Our care services support more than 270 people along the south coast to live more independent lives.

Our social businesses provide key income for our charity, as well as training and work experience for the people we support.

Support services

- 1. New Forest Day Opportunities**
Workshops and activities to help people develop new skills
- 2. Residential**
24/7 care and support for nine residents
- 3. New Forest Supported Living**
Shared houses with varying levels of support for tenants
- 4. Portsmouth Day Opportunities**
Activity sessions and community visits to help people learn new skills
- 5. Portsmouth Supported Living**
Shared houses with varying levels of support for tenants
- 6. Employability**
Training and work experience to help people into employment.
- 7. Wellbeing**
Targeted support to help with mental and physical health.

Social enterprises

- 8. Furzey Gardens**
Public gardens, tea rooms and wedding venue
- 9. Minstead Lodge**
Country house wedding and events venue
- 10. The Real Jam & Chutney Company**
Artisan products made by people with learning disabilities
- 11. Hanger Farm Arts Centre**
Theatre, events and wedding venue
- 12. Brickyard Café and Events**
Café and wedding venue at Brickworks Museum in Bursledon
- 13. Lily&Lime cafés**
Community cafés run by people with learning disabilities

Making every penny count

Minstead Trust consolidated accounts show a net income of £5.36m with a surplus of £81k compared to a net income of £4.59m and a surplus of £965k in 2019-20. This is an increase of 16.7% income and 91.6% decrease in surplus. Charitable costs increased by 43.9% and net assets increased by 1.25%. The previous year included several exceptional grants from generous funders to support us at the height of the pandemic and to improve our facilities.



The increase in income was largely from the acquisition of supported living contract with Portsmouth City Council. Our New Forest Supported Living service saw growth with the acquisition of a new property. In addition, we took on a new day opportunities/social enterprise hybrid in the form of Lily& Lime, largely learning-disability run cafés in Portsmouth. Hanger Farm Arts Centre, able to reopen more of the time as the impact of the pandemic subsided, also saw a healthy increase in income year-on-year.

Almost all other revenue streams saw modest organic growth with the exception of Minstead Lodge events venue, which has been unable to reopen due to

regulatory changes arising from COVID. These gains were countered by an expected and substantial fall in voluntary income post-pandemic.

The free reserves of the charity at the end of the reporting period stand at £987,919. At 2.25 months of operating expenditure, this is below our targeted increase. The severity of the pandemic, and subsequent ongoing economic turmoil, has harmed this effort. Improvement in our reserves position will be dependent on growth, and the designated infrastructure fund is intended to support the development of the Trust to this end.

Thanks to funders

We are extremely grateful for the support of a number of individual donors, companies, other charities, and grant-giving bodies.

Among many others, we thank B&Q, Screwfix, Zurich Community Trust, Veolia, Lazari Investments and the Christos Lazari Foundation, Allianz Real Estate, Day Associates, New Forest District Council, Arts & Heritage, Monday Charitable Trust, and Heritage Lottery Fund.

The contributions we have received enable us not only to survive but also to thrive. Our gratitude will last indefinitely.

Please support us: www.minsteadtrust.org.uk/donate