

# Work and training programmes for people with learning disabilities



MinsteadTrust

**Employability**



# Step Up For Work

## What is it?

Step Up For Work is a combination of classroom learning and in-work mentoring.

The programme begins with a training course, covering all key aspects of employment such as health and safety, personal conduct, policies and procedures.

People on the programme will then work with the employability team to find the best six month work experience opportunity for them, within our employer network. During this six months, we offer bespoke support by our employability mentors, who will help with developing a living CV through observations and a diary system.

After the six month work experience, people on the programme then work with their personal employability mentor to secure paid employment.

## Is this for me?

Yes, if you have not been able to find, or don't feel quite ready for paid work, you will learn all about the workplace, and then get a chance to try out a job for yourself



*'Minstead Trust has helped me with learning to get more independence. Step Up For Work finally gives me time to learn something new. I get to meet new people as well.'*

**Tyler**



## What are the entry requirements?

- You must have a willingness to work, but can feel that you need some extra support overcoming challenges

## How do I apply?

- For more information or to arrange a visit, contact our Employability team

**Email: [enrolment@minsteadtrust.org.uk](mailto:enrolment@minsteadtrust.org.uk)**

**or call: 023 8081 2297**

**[www.minsteadtrust.org.uk/step-up-for-work](http://www.minsteadtrust.org.uk/step-up-for-work)**



# Supported apprenticeships

## What is it?

Our supported apprenticeships take on a blended learning approach, with in-person and virtual learning.

In this paid role our apprentices will learn a combination of customer service and functional skills in both English and Maths over a period of 12 to 18 months.

Our partners at Smart Training will allocate work, and our employability team will be there to provide added value support, ensuring all our apprentices have a quality and supported experience.

Work is documented on an E-Portfolio and then decisions are made with End Point Assessments.

## Is this for me?

Yes, if you like people and want to be supported in a job. You will also learn how to read, write and count better.



*'The apprenticeship programme has helped me to become more confident. I have realised how much work I can do independently and enjoy learning new things on my course.'*

*I am enjoying my time at a Lily&Lime café in Portsmouth because there is always something for me to do, I am getting busy with making custom cakes for customers.'*

**Louisa**

## What are the entry requirements?

- Working toward Level 1 in English and Maths Functional Skills (Entry level 3 if EHCP plan is provided)
- Education, Health and Care Plan (EHCP)
- Must have or have had an EHCP or Statement of Special Educational Needs

## How do I apply?

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# Traineeships

## What is it?

Our traineeships use a mixture of in-person and virtual learning, helping our trainees prepare for work or an apprenticeship.

This six month course will combine lessons in employability and functional skills in both English and Maths.

Our partners at Smart Training will allocate work, while our employability team will be on hand to provide dedicated support every step of the way.

Work is documented on an E-Portfolio.

*'I enjoy getting to know all the people here, and have learnt all about coffees and how to make them!'*

**Jacques**

## Is this for me?

Yes, if you feel you need to learn more and get more confident before taking on a job. You will be supported closely to learn to work as well as reading, writing and counting.

## What are the entry requirements?

- Working toward Entry Level 2/3 English and Maths
- You need to be 16-24 years old

## How do I apply?

- For more information or to arrange a visit, contact our Employability team

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# Supported work experience

## What is it?

Our supported work experience programme will provide exciting and challenging opportunities to those who want to find out more about the world of work.

People on the programme will have the choice to spend their time with Minstead Trust or with one of our many business partners, helping them prepare for one of our employability programmes.

This programme is an excellent choice for those looking to understand the work environment and choose a career path that suits them.

## Is this for me?

Yes, if you want to spend a short time trying out a job to see if you like it.



## What are the entry requirements?

- Just a willingness to learn!

## How do I apply?

- For more information or to arrange a visit, contact our Employability team

Email: [enrolment@minsteadtrust.org.uk](mailto:enrolment@minsteadtrust.org.uk)

or call: 023 8081 2297



# Five steps to your first job

## Step 1

Contact the employment team at

**enrolment@  
minsteadtrust.org.uk**

## Step 2

Meet with one of our team, to explore what is on offer

## Step 3

Complete referral form

## Step 4

Visit one of our sites in Portsmouth Bursledon or the New Forest, and discuss with the team which programme is for you

## Step 5

Start your training programme!



# Stories of Success



*'I have enjoyed working at Furzey Gardens. I love the people and customers and I am now but excited to move on to complete a chef apprenticeship. I have wanted to become a chef since I was 13, and am thankful to Minstead Trust for helping make this happen.'*

**Josh**



*'I feel a lot more confident and realise how much I can actually do. Minstead Trust has helped me socially and professionally. I have made some great friends and learnt a lot of new skills.'*

**Rachel**



*'Milestone Infrastructure needed a yard person, and they thought of me. I help with replacing curbs and putting signs out. Step Up For Work helped me into paid employment at the age of 22.'*

**Bob**

**Proudly partnered with:**



**European Union**  
European  
Social Fund

**Thank you to the Big Give and our major donors for making it possible to fund our employability programmes**



# WELCOME TO

## BRICKYARD

## CAFÉ



### Coffee

Americano	2.50
Cappuccino	3.00
Flat White	3.00
Latte	3.00
Single Espresso	1.70
Double Espresso	2.20
Mocha	3.75
Baby Chino	1.70

### Hot Chocolate

The Works' Hot Chocolate	3.90
w/ Cream & Marshmallows	
Milk Dark or White	3.30
Child's Hot Chocolate	2.00
Vanilla Caramel or Hazelnut	
Shot - 50p	
Soya or Oat Milk available	

### Teas

Regular Tea
Earl Grey
Green Tea
Peppermint
Lemon and Ginger
Super Fruit

### Children's

#### "Bizzi Bags"

(Choose from...)

### Sweet Treats

Selection of homemade cakes (see counter)  
Apple Flapjack.  
Teacake with butter  
Scone with butter 2.50 and jam 3.00, and cream 3.00  
Scone for two \*.  
Scone, two scones, butter, cream and jam)

### Savoury Treats

Sausage (or vegetarian) Roll  
Cheese scone with butter 2.50 with cream cheese/relish 3.00  
Selection of sandwiches 4.50  
Paninis 4.95  
Soup of The Day 5.20  
Sandwich and crisps 5.95  
" " 5.50  
Working Lunch 8.00 (ploughman's)  
" " for two 10.00



## Contact us:

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# Minstead Trust

Seeing potential



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