



Minstead Trust

Seeing potential

Do you support a family member with learning disabilities in Bournemouth, Christchurch, or Poole?

Join us for an informal family carers coffee morning!

In Poole

**Mondays 10.30am -12.30pm
from 18 September 2023**

The Spire Café, High Street,
Poole, BH15 1DF

For Bournemouth and Christchurch

**Wednesdays 10.30am -12.30pm
from 20 September 2023**

Bournemouth Tesco Extra,
Community Room, Riverside
Avenue, Bournemouth, BH7 7DY

This is your space. Come as you are for a chat about what is important and current to you and your family.

We work to have Family Carers voices heard in social and health care services.

Sessions run term time only and not on Bank Holidays.

Tesco Riverside Avenue Community Room is closed during December.

To check if the session is on, before travel, please contact:

Sini Lucas, Carers Representation Coordinator:

Sini.Lucas@minsteadtrust.org.uk or call 07586 717228

www.minsteadtrust.org.uk/carers