

# Annual summary 2022 – 2023



## Our Vision

A society where people with learning disabilities enjoy fulfilling lives of their own choosing.

## A year of success in challenging times

**This first year of our latest five-year strategy has been marked by solid achievement, despite the care sector being increasingly challenging for forward-thinking organisations like Minstead Trust.**

We are working to overcome this difficult situation by becoming more self-sufficient. We are building our trading and voluntary income so that an individual's support and progress is not interrupted by the vagaries of intra-governmental funding.

Despite the challenges, we have made excellent progress thanks to our wonderful staff and volunteers, who continue to design and deliver excellent person-centred support that makes a tremendous difference to peoples' lives.

**Elizabeth Selby**  
Outgoing Chair

**Adam Dodd**, Chief Executive

**Josephine Grunwell**,  
Incoming Chair

## At a glance

301

People supported monthly

145.5

Staff (full time equivalent)

128

Volunteers

28

Supported living houses

3

Day opportunity services

1

Residential home

5

Social enterprises

# Highlights of 2022-2023



## Our personal highlights

Some of the people we support reveal the highlights and successes of their year.



**Louisa:**

'I have been doing events catering and baking in the Lily&Lime café recently and helping to support other people to learn how to do this.'

**Luci:**

'I've been enjoying the fact that I can bring my own recipes as a vegan to our café.'



**Lily:**

'I love living in my house, we get lots of support and have lovely carers coming in. I go out and go shopping with my one-to-one support.'



**Josh:**

'This year I became an apprentice chef. I've wanted to be a chef since I was 13 years old. I love the job here.'

**Silas:**

'I am a person who loves gardening and works hard every day. I want more people to know about my gardening.'



**Richard:**

'I really enjoyed putting on a show for an audience, and for them to clap. My dream is to always be happy and to be seen by lots of people.'







## Royce: Building my confidence with a new team

Royce has always had good hands-on skills, regularly producing hedgehog houses and bird boxes in his day opportunities sessions. This year he took a new step, assisting the Trust's maintenance team to build his confidence even further.

The busy maintenance team of three look after dozens of properties and Royce's experiences with them have been varied and interesting.

Royce says 'I like all of it. I like the new skills I can use, more bodies make a job quicker. I have learnt all different skills and I can help out my mum at the house.'

Royce's family have noticed a change in him and his confidence. Maintenance Manager Col says he has visibly noticed Royce's confidence grow.

Royce says it's 'very entertaining working with the whole team - it's good'.



### Our Purpose

We aim to go beyond basic needs to help explore and achieve individuals' potential

## Our services and businesses

**Our care services support more than 300 people along the south coast of England to live more independent lives.**

Our social businesses provide key income for our charity, as well as training and work experience for the people we support.

### Support services

- 1. Poole Supported Living**  
Shared houses with varying levels of support for tenants
- 2. Residential**  
24/7 support for nine people
- 3. New Forest Day Opportunities**  
Workshops and activities to help people develop new skills
- 4. New Forest Supported Living**  
Shared houses with varying levels of support for tenants
- 5. Portsmouth Day Opportunities**  
Activity sessions and community visits to help people learn new skills
- 6. Portsmouth Supported Living**  
Shared houses with varying levels of support for tenants

### Social enterprises

- 7. Furzey Gardens**  
Public gardens, tea rooms and wedding venue
- 8. Minstead Lodge**  
Country house wedding and events venue
- 9. The Real Jam & Chutney Company**  
Artisan products made by people with learning disabilities
- 10. Hanger Farm Arts Centre**  
Theatre, events and wedding venue
- 11. Brickyard Café and Events**  
Café and wedding venue at The Brickworks Museum in Bursledon
- 12. Lily&Lime cafés**  
Community cafés run by people with learning disabilities



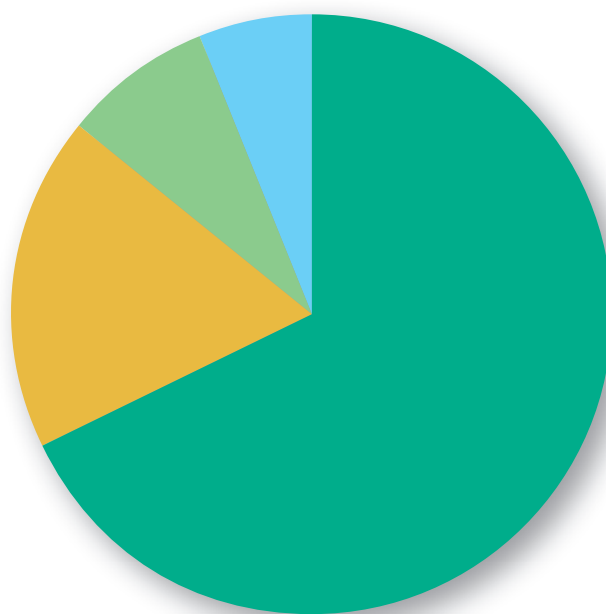
# Making every penny count

Minstead Trust consolidated accounts show a net income of £6.49m with a planned deficit of £215k to fund infrastructure investment. This compares to a net income of £5.36m and a surplus of £81k in 2021-22. This is an increase of 21.3% in income and decrease in surplus equal to 3.27% of total funds. Charitable costs increased by 27%.

The increase in income was largely from beginning to run Brickyard Café and acquiring the Real Jam & Chutney Co Ltd, as well as some additional income from the new tenancy support service contract in Poole with BCP Council. We also saw a full year of income from a supported living house opened partway through the previous year.

Donations were down year-on-year to £391k from £590k (a decrease of 33.9%). The previous year was unusually high, containing a legacy and a large corporate donor. However, we saw a great deal of enthusiasm and support for our strategy from grant funders, awards from whom increased to £280k from £218k (28.4%).

The majority of our increase in expenditure came from increased staffing, with a full-time equivalent increase of 23 people. This represented the first full year of an expanded Senior Leadership Team, increased staffing owing to new social enterprises, including management structure to prepare for and achieve growth, and a new care and support service in Poole.



- Fees and contributions **68%**
- Social Enterprises **18%**
- Donations, grants and legacies **8%**
- Property income and investments **6%**

## Thanks to funders

We are particularly grateful to The Werth Foundation for a generous gift late in the year. In addition, we would like to thank grant and trust funders, including the following supportive community funders:

- **Rotary groups in Bransgore, Romsey and the New Forest**
- **Freemasons in Hampshire and beyond**
- **Asda Green Token scheme in Totton**
- **Asda and Waitrose**
- **Southampton Classical Guitar Society**
- **Focus in on Life Charity**
- **Black Box Theatre Company**
- **Wellow Golf Club**
- **PIMCO Prime Real Estate**
- **Milestone Infrastructure**
- **The Christos Lazari Foundation**
- **Veolia**
- **Stewarts Garden Centres**
- **Mr Shripal Shah**

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