



**A GIFT IN YOUR WILL
HAS THE POWER TO
CHANGE LIVES**



LEAVE A LEGACY THAT TRANSFORMS LIVES

Thank you for your interest in leaving a gift
in your will to Minstead Trust.

A gift of any size in your will can create a lasting impact for people with learning disabilities. Your generosity will empower them to gain vital work skills, secure a stable home, build meaningful friendships, and live life to the fullest.

At Minstead Trust, we believe in unlocking potential and creating opportunities for those we support. Your legacy will be deeply valued and will make a tangible difference in shaping brighter futures.

We understand that leaving a gift in your will is a personal decision, and you may have questions about the process and how your donation will be used. This guide is here to help, and our Supporter Relations team is available if you have questions or need more information.

Together, we can create a future where everyone has the chance to thrive.



Adam Dodd - Chief Executive

Speak to us: 02380 812297
SupportUs@minsteadtrust.org.uk



At Minstead Trust, we're dedicated to removing barriers facing people with learning disabilities.

DOREEN: COPING WITH LOSS AND ANXIETY

Doreen lives independently in Poole supported living. She has recently moved to a new flat, and says ‘I’m alright, I feel settled into my new flat, it’s so much better than the room I had.’

Doreen loves Chelsea football club and the colour blue, decorating her room with blue curtains and Chelsea FC bed sheets!

Doreen fills her time with going for walks down to Poole Quay, listening to music and watching football at the pub. Doreen is also currently learning to cook on her new cooker.

But these changes are all recent.

Doreen has recently lost a very close family member, causing her mental health and anxiety to worsen.

Like many people with learning disabilities, Doreen has difficulty with her mental health. It is reported that up to 54% of people with a learning disability also have a mental health problem.

Doreen was introduced to Bea, our wellbeing lead, and has been working with her for about six months. Bea was able to support Doreen through loss, anxiety and depression by listening to Doreen and identifying different coping techniques. Bea and Doreen also worked closely with the Poole support team for advice and direction.

Doreen says: ‘Bea was alright, she listened to me and listened to all my problems. (I’m feeling) a lot better. It’s been very helpful.’

On difficult days, Doreen was reaching out to support workers up to 70 times a day. But now, she has made the decision to lock her phone away at times of distress which greatly reduces her anxiety.

By listening and supporting Doreen, Bea and support staff in Poole have seen a positive change in Doreen. Despite not being able to read or write, she has recently passed three certificates at her paid job at Tricuro!

Leaving a gift
in your will can
help us to continue
supporting people
like Doreen to live
independently.





MAKING A WILL: WHAT YOU NEED TO KNOW

Why do I need a will?

A will is one of the most important documents that you will write. It is the way to make sure that the people and the causes you care about are looked after, you can also decide what happens to your money and your possessions.

I have a will already, do I need to update it?

It's a good idea to review your will to make sure it still reflects your wishes, especially if your personal circumstances have changed.

What happens if I don't have a will?

If you do not have a will or if your will is not valid (e.g. incorrectly written, witnessed or signed), your estate is said to be 'intestate'. This means that what you want to happen, may not be carried out, such as who will inherit your estate and possessions and how people who are dependent on you are going to be looked after. Having a professionally written, up to date will is the best way to make sure your requests are met.

Who should write or update my will?

You can use a professional will-writer or solicitor to write or update your will to ensure it is valid and witnessed. Depending upon your circumstances you may need to consult with other professionals such as estate or trust planners. If you are the carer, guardian or parent of someone who relies on you for managing, supporting or paying for their care you will want to make sure that your wishes concerning their ongoing care are carried out.

I am a carer for someone with a learning disability who should I contact about my will?

You may need to consult a specialist such as an estate or trust planner to ensure that your estate is treated in the right way so that the ongoing care for your dependents is properly considered and managed.

I'm thinking about leaving a gift in my will to Minstead Trust. Who should I contact?

We would be very pleased to answer any questions you might have.

Visit www.minsteadtrust.org.uk/giving or email SupportUs@minsteadtrust.org.uk



DAN WAS HELPED THROUGH THE EMPOWERING EMPLOYMENT APPRENTICESHIP PROGRAMME.

Every week, people with learning disabilities and autism are supported to receive training and work towards meaningful employment.

Leaving a gift in your will can help more people like Dan build a brighter future.

'If you want an environment where it's safe, people are understanding...I'd suggest joining Minstead Trust.'



EMPOWERING EMPLOYMENT

We support people with learning disabilities and autism to build skills, receive training and work towards meaningful employment. We work with businesses to help them bridge employment gaps, empower individuals and reshape workplace inclusivity.

WELLBEING SUPPORT

Your gift will help provide essential sessions, equipment, and one-to-one support, empowering people with learning disabilities to take part in activities that boost their confidence, build friendships, and enhance their wellbeing.



WHERE COULD MY GIFT HELP?



Furzey Gardens

Explore. Discover. Relax.

Help keep Furzey Gardens a thriving, beautiful space for everyone to enjoy while providing vital work experience for people with learning disabilities. The dedicated supported gardeners work year-round to care for the gardens, developing skills and confidence along the way.



HANGER FARM

COMMUNITY THEATRE

Your gift can help more people take part in community theatre at Hanger Farm, keeping this creative hub thriving and ensuring everyone can connect, express themselves, and build confidence through the arts.

FAMILY SUPPORT

We provide guidance and a compassionate community to help families navigate challenges and celebrate achievements together. Your gift can help us continue to be there for families, offering them hope, stability, and a brighter future.





TAKE THE NEXT STEP

Do something amazing and leave a gift in your will to Minstead Trust.
Make a free will online now at www.minsteadtrust.org.uk/giving

Can we help answer any questions?

Email SupportUs@minsteadtrust.org.uk or call 02380 812297



Remember us in your will

Every gift can change lives
www.minsteadtrust.org.uk/giving



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